



Mary Carl

Managing Director of Programs
Health Leads

Health Leads is a social enterprise that envisions a healthcare system that addresses all patients' basic resource needs as a standard part of quality care. For 20 years, Health Leads has worked with leading healthcare organizations to tackle social co-morbidities by connecting patients to the community-based resources they need to be healthy - from food to transportation to healthcare benefits. Health Leads is committed to leveraging its tools, expertise and direct services to change what "counts" as healthcare - and accelerate the leadership, best practices, incentives and research required to improve the health and well-being of patients.

Mary has provided leadership for the Health Leads since the inception in 2014 of California's programs for design, development, implementation and operations throughout the state. Prior to launching the California team, Mary acted as Director of Programs for Building Opportunities for Self-Sufficiency, a San Francisco East Bay nonprofit, to provide a safety net for the wellness of homeless families and individuals. Her integrative approach builds interdisciplinary teamwork that is sensitive to diverse perspectives and population needs. Mary's empowerment tactics focus on implementing social justice and equity strategies at ground level for consumer-centeredness. Volunteer efforts include participation in a UCSF study on the health impacts of homelessness on aging adults, and supporting development of a program for adolescent girls. She completed her undergraduate work at the State University of New York at Buffalo and her Master in Public Health at University of North Carolina. An avid runner and the mother of two toddlers, she is found on the trails running with her family.

